

MONDAY TO SUNDAY

# Q BREAKFAST

9AM UNTIL 12 NOON

## FRESHLY SQUEEZED JUICES

- APPLE £4.40
- ORANGE £4.40
- GRAPEFRUIT £4.40
- Q VITAMIN £4.65  
ORANGE, CARROT, APPLE
- GREEN MIX £ 4.65  
CELERY, CUCUMBER, MINT, LIME, GREEN APPLE

## BREAKFAST COCKTAILS

- MIMOSA £7.95  
GRAND MARNIER, FRESH ORANGE JUICE AND CHAMPAGNE
- BLOODY MARY £8.95  
VODKA WITH SPICY TOMATO JUICE AND CELERY
- ESPRESSO MARTINI £8.95  
VODKA, KAHLUA, CRÉME DE CACAO, SINGLE SHOT ESPRESSO
- INNOCENT MOJITO £5.50  
MINT, LIME, APPLE JUICE, SODA

## TRADITIONAL BREAKFAST

**FULL ENGLISH £9.95**  
TWO FREE RANGE HEN'S EGGS, STREAKY BACON,  
PORK SAUSAGE, BEANS, ROAST PLUM TOMATO,  
MUSHROOMS AND TOAST

**VEGETARIAN BREAKFAST £9.95**  
TWO FREE RANGE HEN'S EGGS, VEGETARIAN  
SAUSAGE, MUSHROOMS, ROAST PLUM TOMATO,  
AVOCADO, SPINACH AND TOAST

**MEDITERRANEAN BREAKFAST £9.95**  
TWO FREE RANGE HEN'S EGGS, SPINACH, HALLOUMI,  
ROAST PLUM TOMATO, AVOCADO, MUSHROOMS AND TOAST

**Q BREAKFAST DEAL £13.95**  
ANY TRADITIONAL BREAKFAST WITH  
FRESH ORANGE JUICE OR APPLE JUICE  
AND A HOT DRINK OF YOUR CHOICE

## EGGS

**EGGS BENEDICT £8.50**  
HONEY ROAST HAM ON TOASTED ENGLISH MUFFINS, TWO  
POACHED HEN'S EGGS WITH HOLLANDAISE SAUCE

**EGGS ROYALE £9.95**  
OAK SMOKED SALMON, TWO POACHED HEN'S EGGS ON  
TOASTED ENGLISH MUFFINS WITH HOLLANDAISE SAUCE

**SCRAMBLED EGGS WITH SMOKED SALMON £9.75**  
SCRAMBLED HEN'S EGGS, OAK SMOKED SALMON

**HAM AND CHEESE OMELETTE £8.95**  
HONEY ROAST HAM, GRATED CHEDDAR WITH WILD ROCKET  
AND ROAST PLUM TOMATO

**AVOCADO AND SPINACH BENEDICT £8.95**  
AVOCADO, FRESH SPINACH, TWO POACHED HEN'S EGGS ON  
TOASTED ENGLISH MUFFINS, WITH HOLLANDAISE SAUCE

**TWO POACHED HEN'S EGGS AND AVOCADO £7.95**  
GRANARY TOAST, CRUMBLER FETA, CHIA SEEDS

## LIGHT BREAKFAST

**GRANOLA & NATURAL YOGHURT £4.95**  
WITH A MIXED BERRY COMPOTE

**PANCAKES £6.95**  
FRESH FRUIT AND MAPLE FLAVOURED SYRUP

**PANCAKES & BACON £7.95**  
PANCAKES WITH MAPLE GLAZED STREAKY BACON

**CROQUE MONSIEUR / MADAME £7.25 / £7.95**  
CLASSIC HAM AND GRUYERE CHEESE SANDWICH / WITH  
A FRIED EGG

**OAK SMOKED SALMON £8.75**  
OAK SMOKED SALMON WITH BLACK PEPPER, LEMON AND TOAST

**BOWL OF ORGANIC PORRIDGE £5.95**  
SKIMMED MILK, FRESH BERRIES, MANUKA HONEY

**FRENCH TOAST £7.95**  
FRENCH TOAST WITH FRUIT SALAD AND MAPLE FLAVOURED SYRUP

**TOAST AND PRESERVES £3.25**  
CHOICE OF WHITE, GRANARY OR GLUTEN-FREE

## CIABATTA

**SINGLE FILLING £4.95**  
BACON, SAUSAGE OR FRIED EGG

**FULL ENGLISH £6.95**  
BACON, SAUSAGE AND FRIED EGG

## TEA / INFUSIONS

ENGLISH BREAKFAST £2.25  
EARL GREY £2.25  
CAMOMILE £2.25

APPLE £2.25  
GREEN £2.25  
PEPPERMINT £2.25

FRESH MINT £2.45  
LEMONGRASS & GINGER £2.25  
DECAFFEINATED BREAKFAST £2.25

## COFFEE

ESPRESSO/DOUBLE £2.45/2.80  
CAPPUCCINO £2.95  
FLAT WHITE £2.95

AMERICANO £2.95  
MACCHIATO £2.95  
LATTE £2.95

ICED COFFEE £3.85  
DECAFFEINATED COFFEE £2.95  
HOT CHOCOLATE £3.50

## SOFT DRINKS AND JUICES

ORANGE / APPLE £2.55  
CRANBERRY / MANGO £2.55  
PINEAPPLE / TOMATO £2.55

STILL WATER £2.30/3.85  
SPARKLING WATER £2.30/3.85  
BITTER LEMON / TONIC WATER £2.45

COCA COLA / DIET COKE £2.70  
SPRITE £2.70  
FRESH LEMONADE £3.50

PLEASE NOTIFY YOUR WAITER OF ANY FOOD ALLERGIES OR INTOLERANCES WHEN ORDERING.