



TAKE AWAY MENU

CALL & COLLECT OR DELIVERY



7 DAYS A WEEK



LAST ORDERS 10PM



25% DISCOUNT ON ALL
CALL & COLLECT ORDERS FOR THE NHS



☎ 020 8658 1014

159 HIGH STREET,
BECKENHAM, BR3 1AE



Uber
Eats



QBARANDKITCHEN

WWW.QBARANDKITCHEN.COM

BREAKFAST/BRUNCH

UNTIL 11.45AM

FULL ENGLISH 10.95

TWO FREE RANGE HEN'S EGGS, STREAKY BACON, CUMBERLAND SAUSAGE, BEANS, ROAST PLUM TOMATO, MUSHROOMS AND TOAST

VEGETARIAN BREAKFAST (v) 9.95

TWO FREE RANGE HEN'S EGGS, VEGETARIAN SAUSAGE, MUSHROOMS, ROAST PLUM TOMATO, AVOCADO, BABY SPINACH AND TOAST

MEDITERRANEAN BREAKFAST (v) 11.95

TWO FREE RANGE HEN'S EGGS, SPINACH, HALLOUMI, ROAST PLUM TOMATO, AVOCADO, MUSHROOMS AND TOAST

VEGAN BREAKFAST 9.95

TOASTED SOURDOUGH WITH HUMMUS, SMASHED AVOCADO, SPINACH, ROASTED PLUM TOMATO, MUSHROOMS AND MIXED SEEDS

STEAK BREAKFAST 14.95

5OZ MINI SIRLOIN STEAK WITH TWO FREE RANGE HEN'S EGGS CHIPS AND GRILLED TOMATO

PANCAKES AND FRUITS (v) 7.95

FRUIT COMPOTE AND MAPLE FLAVOURED SYRUP

PANCAKES AND STREAKY BACON 8.95

PANCAKES, MAPLE GLAZED STREAKY BACON AND MAPLE SYRUP

PANCAKES AND BUTTERMILK 10.95

FRIED CHICKEN

BUTTERMILK FRIED CHICKEN FILLETS, TWO FREE RANGE HEN'S EGGS AND MAPLE SYRUP

ALL AMERICAN PANCAKES 10.95

PANCAKES, TWO FREE RANGE FRIED HEN'S EGGS, STREAKY BACON, CUMBERLAND SAUSAGE, BAKED BEANS AND MAPLE SYRUP

OMG Q PANCAKES 10.95

PANCAKES, SCRAMBLED EGGS, STREAKY BACON, CUMBERLAND SAUSAGE, HASH BROWNS, BAKED BEANS AND MAPLE SYRUP

FRENCH TOAST (v) 8.95

FRENCH TOAST WITH FRUIT SALAD AND MAPLE SYRUP

BACON, SAUSAGE OR EGG CIABATTA 7.95

GRILLED BACON, SAUSAGE OR FRIED EGG IN CIABATTA

FULL ENGLISH CIABATTA 9.95

GRILLED BACON, SAUSAGE AND FRIED EGG IN CIABATTA

AVOCADO, EGG & CHEESE 8.95

CIABATTA (v)

AVOCADO, FRIED EGG, CHEESE, MAYO

STARTERS

OLIVE OIL AND BALSAMIC 3.95

VINEGAR (VE) (GFO) WITH TOASTED BREAD

SMOKEHOUSE MIXED NUTS (v) 3.95

TZATZIKI (v) (GFO) 5.50

WITH TOASTED BREAD

Q HUMMUS (v) (GFO) 5.50

WITH TOASTED BREAD

KIBBEH 6.50

FLAVOURFUL LEVANTINE DISH MADE OF CRACKED WHEAT, MINCED LAMB, ONIONS AND PARSLEY

SAKSUKA (v) (GFO) 5.50

CHICKPEA, AUBERGINE, COURGETTE AND GOLDEN SYRUP DIP WITH TOASTED BREAD

BEEF SUJUK (GF) 7.95

SPICY SAUSAGE FROM THE BALKANS TO CENTRAL ASIA, WITH GARLIC, RED PEPPER FLAKES, TOMATOES, MUSHROOMS AND PEPPERS

DEEP FRIED CALAMARI 7.95

MIXED LEAVES AND TARTAR SAUCE

COLDWATER PRAWNS & AVOCADO (GF) 8.95

BABY PRAWNS DRESSED IN SEAFOOD SAUCE WITH AVOCADO

GRILLED HALLOUMI SALAD (v) (GF) 7.50

GRILLED PEPPERS, COURGETTES, SECRET ZESTY SAUCE

CREAMY BUFFALO MOZZARELLA & AVOCADO (v) (GF) 7.95

CHERRY TOMATOES AND FRESH BASIL DRESSING

HOT BUTTERFLIED TIGER 9.95

PRAWNS (GFO)

SAUTÉED PRAWNS, MILD SPICES, GARLIC BUTTER, TOASTED BREAD

PARMA HAM AND HONEYDEW 7.95

MELON (GF)

CLASSIC PARMA HAM THINLY SLICED WITH FRESH MELON

SPINACH & FETA FILO PARCELS (v) 6.95

HOMEMADE DEEP FRIED FILO PARCELS WITH Q HUMMUS

COMBO QUATRO COLD MEZE (IDEAL FOR TWO) 14.95

TASTEFUL COMBINATION OF HUMMUS, TZATZIKI, TARAMA SALATA & SAKSUKA

COMBO QUATRO HOT MEZE (IDEAL FOR TWO) 17.95

DEEP FRIED CALAMARI, FETA FILO PARCELS, KIBBEH & GRILLED HALLOUMI

Q KITCHEN'S BLUE FISH DISHES

FRESH SALMON FILLET (GFO) 15.95

MARINATED IN OLIVE OIL, FRESH ROSEMARY AND LEMON JUICE WITH MASHED POTATO, TABBOULEH, BASIL OIL, FONDUE SAUCE ON THE SIDE

FRESH SEA BASS FILLET (GFO) 16.95

MARINATED IN OLIVE OIL, FRESH ROSEMARY AND LEMON JUICE WITH MASHED POTATO, TABBOULEH, BASIL OIL

Q KITCHEN FISH DUO (GFO) 19.95

COMBINATION OF SEA BASS AND SALMON FILLET SERVED WITH MASHED POTATO, TABBOULEH AND BASIL OIL

DEEP FRIED CALAMARI 13.95

MIXED LEAVES, TARTAR SAUCE, CHIPS

SALADS

GRILLED CHICKEN (GF) 13.95

MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER, ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE

GRILLED KING PRAWNS (GF) 15.95

MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER, ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE

GRILLED HALLOUMI (V) (GF) 13.95

MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER, ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE

ADD GRILLED CHICKEN TO YOUR SALADS FOR 4.95

Q KITCHEN'S CHARCOAL

GRILLED MEAT

MARINATED ZESTY CHICKEN STEAK (GF) 13.95

LEMON AND LIME MARINATED CHICKEN BREAST, MASHED POTATO

TENDER LAMB CUTLETS (GFO) 22.95

4 PIECES OF BEST END LAMB MARINATED IN EASTERN FLAVOURS, CHIPS

MARINATED LAMB STEAK (GF) 17.95

MARINATED IN Q KITCHEN'S SECRET INGREDIENTS, CHIPS

Q KITCHEN'S STEAK DUO (GF) 20.95

COMBINATION OF LAMB STEAK AND CHICKEN STEAK, PEPPERCORN SAUCE, CHIPS

SPICY CHICKEN CHOPS 13.95

PIRI PIRI MARINATED CHICKEN THIGHS, CHIPS

Q KITCHEN'S STEWS & OVEN DISHES

HOMEMADE CLASSIC MOUSSAKA 15.95

A WELL-LOVED CLASSIC GREEK DISH, MINCED LAMB, BAKED POTATOES & VEGETABLES, CHEESY BÉCHAMEL & TOMATO SAUCE, WITH RICE

SPINACH STEW WITH HALLOUMI CHEESE (V) (GFO) 13.95

FRESH SAUTÉED SPINACH, CHICKPEAS, TOMATOES, GRILLED HALLOUMI, SERVED IN A TRADITIONAL BALKAN CLAY POT WITH RICE

SPICY FISH POT (GFO) 16.95

MEDITERRANEAN DISH WITH PRAWNS, SQUID, MUSSELS, SALMON, MIXED VEGETABLES, SPICY TOMATO SAUCE, SERVED IN A TRADITIONAL BALKAN CLAY POT WITH RICE

FARMER'S FAVOURITE CHICKEN (GFO) 14.95

PACKED WITH HEAPS OF AUTHENTIC FLAVOUR SERVED IN A TRADITIONAL BALKAN CLAY POT WITH RICE

PASTA

PENNE WITH PRAWNS, CHILLI, GARLIC & TOMATO 16.95

KING PRAWNS PAN-FRIED IN OLIVE OIL, CHILLI, GARLIC, HOMEMADE TOMATO SAUCE

BEEF RAGU 13.95

TENDER BEEF RAGU BOLOGNESE WITH HERBS AND PENNE

CHICKEN ARRABBIATA 13.95

PENNE PASTA, LIGHTLY GRILLED CHICKEN, HOMEMADE TOMATO SAUCE WITH A HINT OF SPICES

PENNE WITH TOMATOES & MOZZARELLA (V) 13.95

CHERRY TOMATOES, FRESH BASIL, HOMEMADE TOMATO SAUCE, TORN MOZZARELLA

HOMEMADE BURGERS

BACON CHEESEBURGER 13.95

GRILLED BURGER, CRISPY BACON, MELTED CHEESE, LETTUCE, TOMATOES, ONIONS, GHERKINS, CHIPS

HALLOUMI & FALAFEL BURGER (V) 12.95

CRISPY HOT FALAFEL, GRILLED HALLOUMI, Q HUMMUS, TABBOULEH, CHIPS

GRILLED ZESTY CHICKEN BURGER 13.95

GRILLED ZESTY CHICKEN STEAK, LETTUCE, TOMATOES, ONIONS GHERKINS, CHIPS

ADD EXTRA CHEESE OR BACON FOR 1.00

WRAPS & SANDWICHES

ALL SERVED WITH CHIPS

LAMB 10.95

LAMB MARINATED IN Q KITCHEN'S SECRET INGREDIENTS, ROASTED VEGETABLES AND CHEDDAR CHEESE

CHICKEN 10.95

MARINATED CHICKEN BREAST PREPARED WITH A SUPERB COMBINATION OF HERBS & SPICES, ROASTED VEGETABLES AND CHEDDAR CHEESE

HALLOUMI (v) 9.95

A CHUNKY CYPRIOT GRILLED GOAT'S CHEESE, ROASTED VEGETABLES AND CHEDDAR CHEESE

CHICKEN & HALLOUMI 10.95

MARINATED CHICKEN AND CYPRIOT GRILLED GOAT'S CHEESE, ROASTED VEGETABLES AND CHEDDAR CHEESE

FALAFEL & HUMMUS (v) 9.95

DEEP FRIED, MADE FROM CHICKPEAS, BROAD BEANS AND FRESH HERBS



VEGAN MENU

STARTERS

MEDITERRANEAN OLIVES (GF) 3.95

OLIVE OIL AND 3.95

BALSAMIC VINEGAR (GFO)

WITH TOASTED BREAD

SAKSUKA (GFO) 5.50

CHICKPEAS, AUBERGINE, COURGETTE AND GOLDEN SYRUP DIP WITH TOASTED BREAD

HONEYDEW MELON 7.50

WITH POMEGRANATE SAUCE (GF)

MELON WITH POMEGRANATE SAUCE, STRAWBERRIES

Q HUMMUS (GF) 5.50

WITH CRUNCHY VEGETABLES

MAINS

MEDITERRANEAN PENNE 11.95

PENNE WITH SAUTÉED MIXED VEGETABLES, HOMEMADE TOMATO SAUCE AND BASIL OIL

AVOCADO SALAD (GF) 10.95

MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER, ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE

SPINACH & CHICKPEA STEW (GFO) 11.95

FRESH SAUTÉED SPINACH, CHICKPEAS, TOMATOES, SERVED WITH RICE

SEASONAL VEGETABLE STEW (GFO) 10.95

A CROWD-PLEASING CASSEROLE MADE OF COURGETTES, PEAS, CARROTS, POTATOES, TOMATOES, GREEN PEPPERS, ONIONS, WITH RICE

SIDES

CHIPS (VE) 3.95

SWEET POTATO FRIES (VE) 4.50

MASHED POTATO (v) (GF) 3.45

RICE (v) (GFO) 3.45

LEAF SPINACH (VE) (GF) 4.50

GREEN SALAD (VE) (GF) 5.50

MIXED SALAD (VE) (GF) 5.50

FETA SALAD (GF) 5.50

DESSERTS

CHOCOLATE FUDGE CAKE (v) 5.95

SERVED WITH DOUBLE CREAM

BANOFFEE PIE (v) 5.95

WONDERFUL DESSERT MADE OF BANANAS, MASCARPONE CREAM AND TOFFEE ON A CRUMBLE BISCUIT BASE

STRAWBERRY CHEESECAKE (v) 5.95

SERVED WITH STRAWBERRY SAUCE

PLEASE NOTIFY US OF ANY FOOD ALLERGIES OR INTOLERANCES WHEN ORDERING.

PLEASE CONSIDER WHEN ORDERING THAT WHILST THE FOOD LISTED ON THIS MENU IS GLUTEN FREE, IT IS PREPARED IN A KITCHEN WHERE GLUTEN IS PRESENT, CONSEQUENTLY WE CAN NEVER GUARANTEE THAT IT IS 100% GLUTEN FREE. DUE TO THE PRESENCE OF NUTS IN SOME OF OUR DISHES WE CANNOT GUARANTEE ABSENCE OF NUT TRACES IN OUR DISHES.