



## VEGAN MENU

### APPETISERS

- MEDITERRANEAN OLIVES (GF) 2.95  
OLIVE OIL AND BALSAMIC VINEGAR WITH  
TOASTED BREAD (GFO) 2.95

### STARTERS

- SAKSUKA (GFO) 4.50**  
CHICKPEAS, AUBERGINE, COURGETTE AND GOLDEN SYRUP DIP WITH  
TOASTED BREAD
- BRUSCHETTA WITH PLUM TOMATOES & BASIL OIL 5.95**  
GRILLED BREAD, CHOPPED TOMATOES, ONION AND FRESH BASIL OIL
- HONEYDEW MELON WITH POMEGRANATE SAUCE (GF) 6.50**  
MELON WITH POMEGRANATE SAUCE, STRAWBERRIES
- Q HUMMUS (GF) 4.95**  
WITH CRUNCHY VEGETABLES

### MAINS

- MEDITERRANEAN PENNE 11.95**  
PENNE WITH SAUTÉED MIXED VEGETABLES, HOMEMADE TOMATO  
SAUCE AND BASIL OIL
- AVOCADO SALAD (GF) 9.95**  
MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER,  
ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE
- SPINACH & CHICKPEA STEW (GFO) 11.95**  
FRESH SAUTÉED SPINACH, CHICKPEAS, TOMATOES, SERVED WITH  
RICE
- SEASONAL VEGETABLE STEW (GFO) 10.95**  
A CROWD-PLEASING CASSEROLE MADE OF COURGETTES, PEAS,  
CARROTS, POTATOES, TOMATOES, GREEN PEPPERS, ONIONS, WITH  
RICE
- PENNE WITH TOMATOES, CHILLI & GARLIC 11.95**  
CHERRY TOMATOES, CHILLI, GARLIC, FRESH BASIL AND HOMEMADE  
TOMATO SAUCE