



VEGAN MENU

APPETISERS

- MEDITERRANEAN OLIVES (GF) 2.95
OLIVE OIL AND BALSAMIC VINEGAR WITH
TOASTED BREAD (GFO) 2.95

STARTERS

- SAKSUKA (GFO) 4.50**
CHICKPEAS, AUBERGINE, COURGETTE AND GOLDEN SYRUP DIP WITH
TOASTED BREAD
- BRUSCHETTA WITH PLUM TOMATOES & BASIL OIL 6.95**
GRILLED BREAD, CHOPPED TOMATOES, ONION AND FRESH BASIL OIL
- HONEYDEW MELON WITH POMEGRANATE SAUCE (GF) 6.50**
MELON WITH POMEGRANATE SAUCE, STRAWBERRIES
- Q HUMMUS (GF) 5.95**
WITH CRUNCHY VEGETABLES

MAINS

- MEDITERRANEAN PENNE 11.95**
PENNE WITH SAUTÉED MIXED VEGETABLES, HOMEMADE TOMATO
SAUCE AND BASIL OIL
- AVOCADO SALAD (GF) 9.95**
MIXED SALAD, SWEETCORN, CHERRY TOMATOES, CUCUMBER,
ONION, OLIVES, AVOCADO, MIXED PEPPERS, DRESSING ON THE SIDE
- SPINACH & CHICKPEA STEW (GFO) 11.95**
FRESH SAUTÉED SPINACH, CHICKPEAS, TOMATOES, SERVED WITH
RICE
- SEASONAL VEGETABLE STEW (GFO) 10.95**
A CROWD-PLEASING CASSEROLE MADE OF COURGETTES, PEAS,
CARROTS, POTATOES, TOMATOES, GREEN PEPPERS, ONIONS, WITH
RICE
- PENNE WITH TOMATOES, CHILLI & GARLIC 11.95**
CHERRY TOMATOES, CHILLI, GARLIC, FRESH BASIL AND HOMEMADE
TOMATO SAUCE